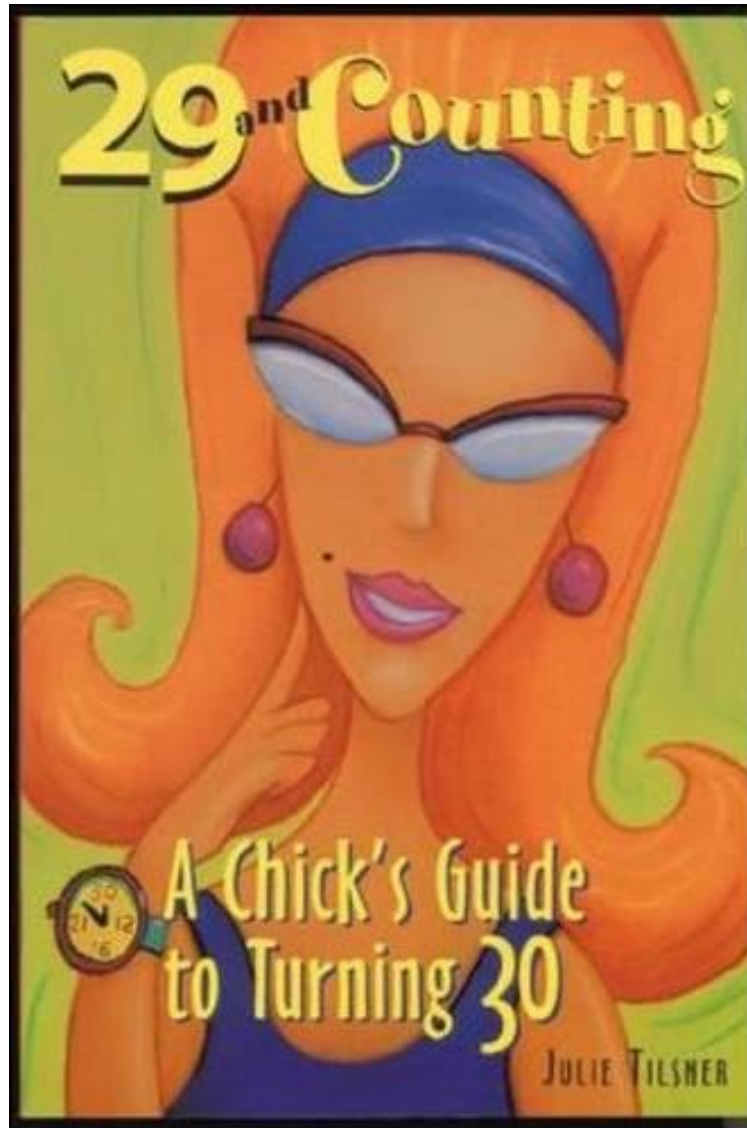


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## 29 and Counting : A Chick's Guide to Turning 30

Julie Tilsner

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**Julie Tilsner : 29 and Counting : A Chick's Guide to Turning 30** before purchasing it in order to gage whether or not it would be worth my time, and all praised 29 and Counting : A Chick's Guide to Turning 30:

14 of 14 people found the following review helpful. Humorous, but insubstantialBy A CustomerTilsner's book gave me a few good chuckles, but there's not much substance to it. It left me with the feeling of "Is that all?" Although I'm definitely a member of Tilsner's generation, and can identify with her humor, I was turned off by Tilsner's constant references to her friends and herself. She even plugs a friend's website in the book--a gesture I found somewhat

unsavory. If you're looking for something thoughtful and informative, this book isn't it. But, if you're looking for humor and "lite" writing, you'll enjoy it. 6 of 7 people found the following review helpful. Not easy to relate to as a 30 yr old  
By Julie I was extremely disappointed with this book and the fact that none of the reviews I read seemed to mention that the author is highly un-relatable unless you happened to be a binge drinking, drug taking, promiscuous girl in your 20's. She mentions many times the use of recreational drugs and talks about drinking and sleeping with random friends or acquaintances. She is shocked when she finds out that one of her girlfriends has only slept with two men in her life, "gasp"! This was hardly my experience in my 20's so I wasn't having her same fear of "growing up". I have been responsible most of my life and was more looking for a book with guidance about "where does it go from here"? There were a few funny or poignant moments here and there and it was a quick read so I gave it 2 stars rather than 1, but if you are a married woman on a decent career path at 29, you will not find this book is for you.  
12 of 15 people found the following review helpful. half depressing/half enlightening  
By Danielle On the verge of 30, I started to seek out books to help me survive the crisis of it all. Judging from the reviews, this book looked like it would fit the bill. It did somewhat...I say that because, well, it actually almost didn't. I found the first half of this book to be depressing, reminding me that I wasn't a young doe anymore...ugh! But, the second half helped to redeem the book in my eyes, explaining why 30 was so great. You can't tell that this half and half action will happen by reading the chapter titles, etc., but it does. Also - keep in mind that this book is categorized as humor/self help, and it is just that, emphasis on humor. If you are looking for a psychology perspective, professional advice or something like that - you won't find that here. The only credentials that the author has are that she once turned 30 herself. This book is an attempt to make light of it all - but I found it to be quite depressing at times! I think I am now even more scared about turning 30 than I ever was! But Julie Tilsner does help you to realize that you are not the only one who is going through this.

Just when a woman's learned how to wind her way through a life of temp jobs and commitment-phobic boyfriends, she has to face the biggest nightmare yet--turning 30. What with everything on that "To Do Before 30" list still left undone and the biological clock ticking all too loudly, even the most sensible chicks come a little unglued when their fourth decade is upon them. Luckily, humor writer Julie Tilsner is here to help. A Business Week editor who ditched New York City and a successful career for a kibbutz in Israel when the big day closed in on her, Tilsner recounts her experience and those of many other women in this pithy, insightful, and uproarious self-help book.

.com In this irreverent Chick's Guide to Turning 30, Julie Tilsner guides readers through the five stages of fear, denial, bargaining, the countdown, and the great beyond. She also offers some tips on affordable ways to cope with the pressure--including "group bitch" sessions and subscriptions to the Good Vibrations catalog--and how to deal with related anxieties about your professional and romantic destiny.  
About the Author Julie Tilsner is a graduate of Columbia Journalism School and a former editor at Business Week. She's written articles for the New York Times, Linguafranca, the Los Angeles Times, POV, and Women's Wire. She lives with her husband (whom she met on a kibbutz) and new baby girl.