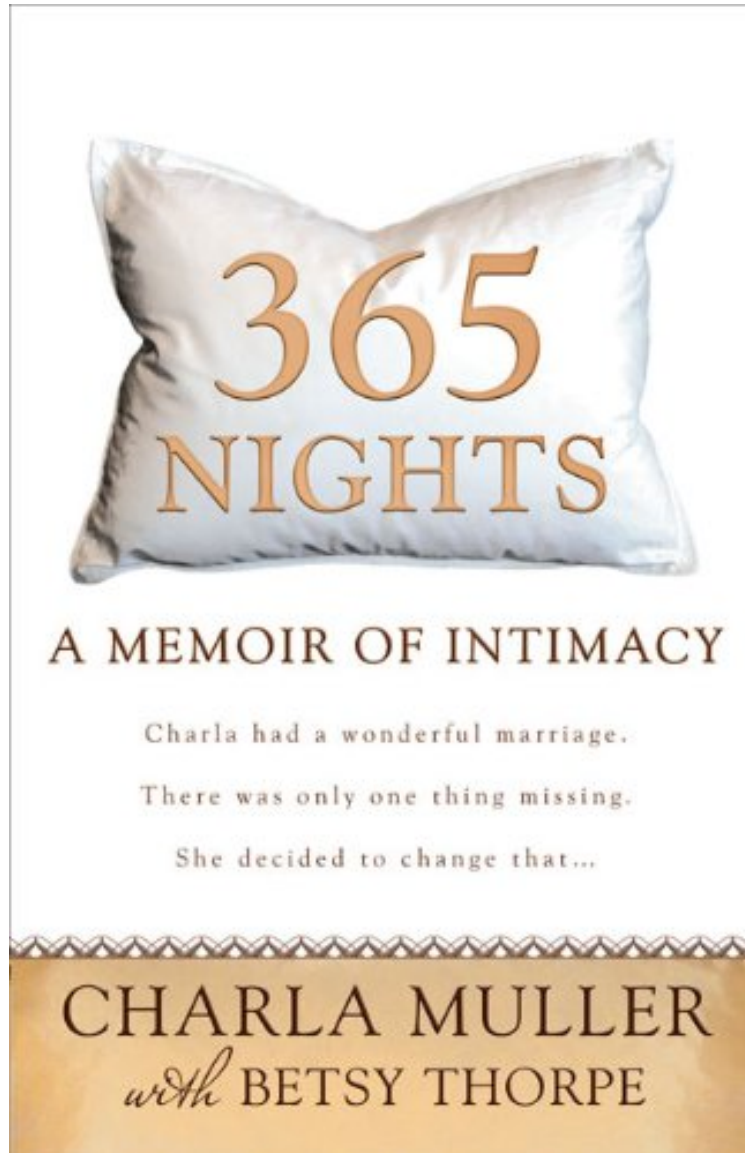


(Download free pdf) 365 Nights: A Memoir of Intimacy

## 365 Nights: A Memoir of Intimacy

*Charla Muller, Betsy Thorpe*  
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#716923 in Books Muller, Charla/ Thorpe, Betsy 2008-06-24 2008-06-24Original language:EnglishPDF # 1  
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**Charla Muller, Betsy Thorpe : 365 Nights: A Memoir of Intimacy** before purchasing it in order to gage whether or not it would be worth my time, and all praised 365 Nights: A Memoir of Intimacy:

1 of 1 people found the following review helpful. Interesting concept but ...By Kay TralalaJust as she admitted in the end that she had been holding back from her husband interns of fully participating in trying to enjoy the experiment,

there is a lot unsaid and unexplained in this book. Possibly that just reflects the author's modesty and desire to retain some privacy, but it made me wonder if there were major gaps in emotional honesty and communication between her and her husband. And then she summed it up neatly, announcing results that were never hinted at in the ongoing story. Can I believe her? 3 of 3 people found the following review helpful. Goofy but entertaining  
By Avid Reader  
My spouse and I have been taking turns reading it and reading funny parts to each other. It's a goofy book, based on a goofy idea. We're not trying to match the author's Olympian efforts, nor do we even think it's a good idea to attempt. But it's kind of inspirational in a way, which is good, too. However, the actual writing is very subpar. It's worse than the average blog, and, frankly, we are shocked that a major publishing house let a book with this level of writing get out the door. I guess the language sounds "natural" and not intimidating, but it just shows how dumbed-down expectations are for mass-market works.  
1 of 1 people found the following review helpful. Misleading title and the point of view was one-sided.  
By M. Stevens  
The author decides that she is going to give her husband a unique 'gift' for his 40th birthday; a year of sex. The author pops in and out highlighting specific instances that transformed not only her sex life but her entire family's lives. Compared to "Just Do It" (another book of similar topic), I found this story lacking. If I had never read the other book, this would have been enthralling and touching. Instead, you find out very early on, they did not have sex for 365 straight days. They had sex most days but took many days off when they 'didn't feel like it' (sick, travel, etc). Also, it was 95% from HER point-of-view while "Just Do It" felt like it was written by both the husband and wife.

When Charla Muller's husband turned 40, she gave him something memorable. Sex. Every day. For an entire year. The Mullers had a solid marriage and two wonderful children, but over the years sex had fallen low on their to-do list. The lack of intimacy wasn't causing them to drift apart, exactly, but their connection didn't seem as great as it could be. Charla decided she couldn't go on pretending the relationship they once had wasn't important. The couple would embark on a year of scheduled sex, falling over Tonka trucks and piles of laundry in an effort to make time for each other. There were obstacles along the way (work implosions, faking it) and questions came to light. Will sex every day strengthen a marriage, or reveal the cracks? Pull a couple together or drive them apart? Does good sex (even mediocre sex) make up for things that aren't so good?

Charla Muller is the Lou Gehrig of postmarital sex. Or maybe the Louise Gehrig. Whichever it is, I thank her for her inspiring journey.  
A.J. Jacobs, "New York Times" bestselling author of "The Know It All: One Man's Humble Quest to Become the Smartest Person in the World" This makes Morgan Spurlock look like a wimp for just eating McDonald's food for 90 days.  
Celia Rivenbark, author of the forthcoming "Belle Weather: Mostly Sunny with a Chance of Scattered Hissy Fits"  
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About the Author  
Charla Muller has worked for eighteen years as a publicist and special events planner. Born in North Carolina, Charla attended UNC-Chapel Hill School of Journalism. Betsy Thorpe, a New York book editor, met Charla Muller in North Carolina and cajoled Charla's story out of her. Betsy runs an editorial services company.