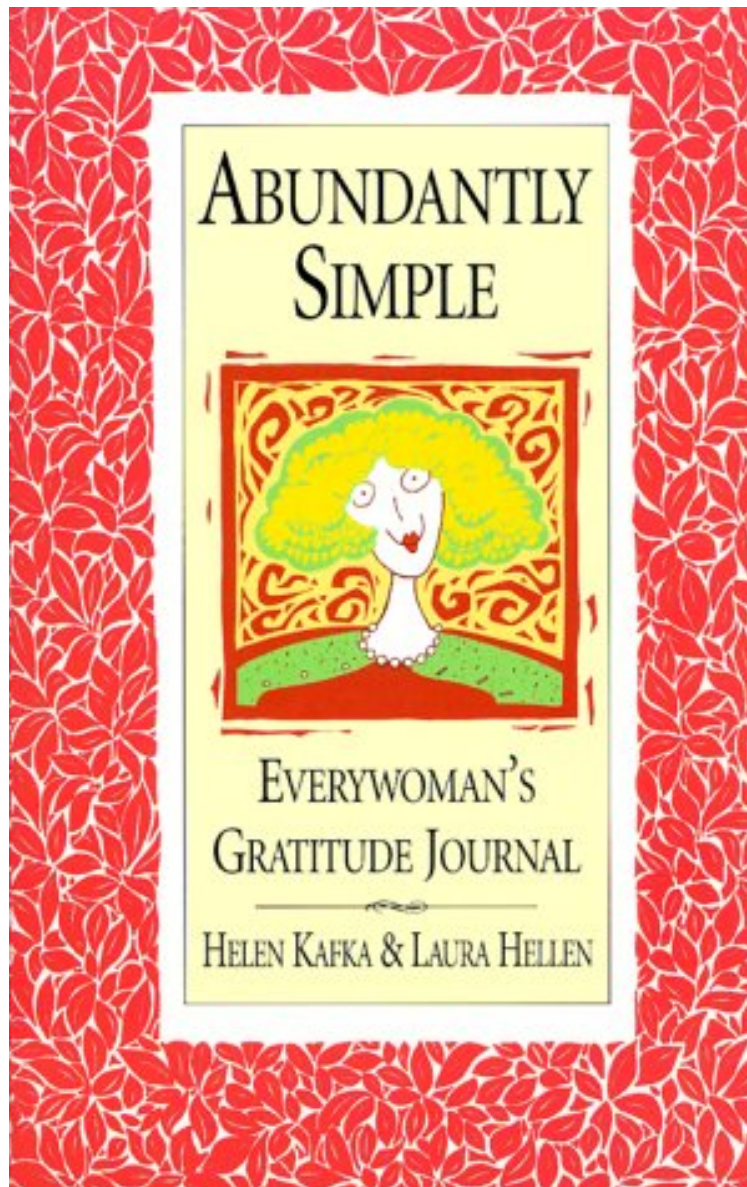


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Abundantly Simple: Everywoman's Gratitude Journal

Helen Kafka, Laura Hellen

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Helen Kafka, Laura Hellen : Abundantly Simple: Everywoman's Gratitude Journal before purchasing it in order to gauge whether or not it would be worth my time, and all praised Abundantly Simple: Everywoman's Gratitude Journal:

A spoof of the famed Oprah-book Simple Abundance and other self-help books targeting the contemporary woman.

About the AuthorHelen Kafka, a native Torontonionian, is a Gemini-nominated television producer with credits that include "Street Legal" and "Side Effects". She divides her time between Los Angeles and Toronto. Kafka is currently developing television movies and series for television.