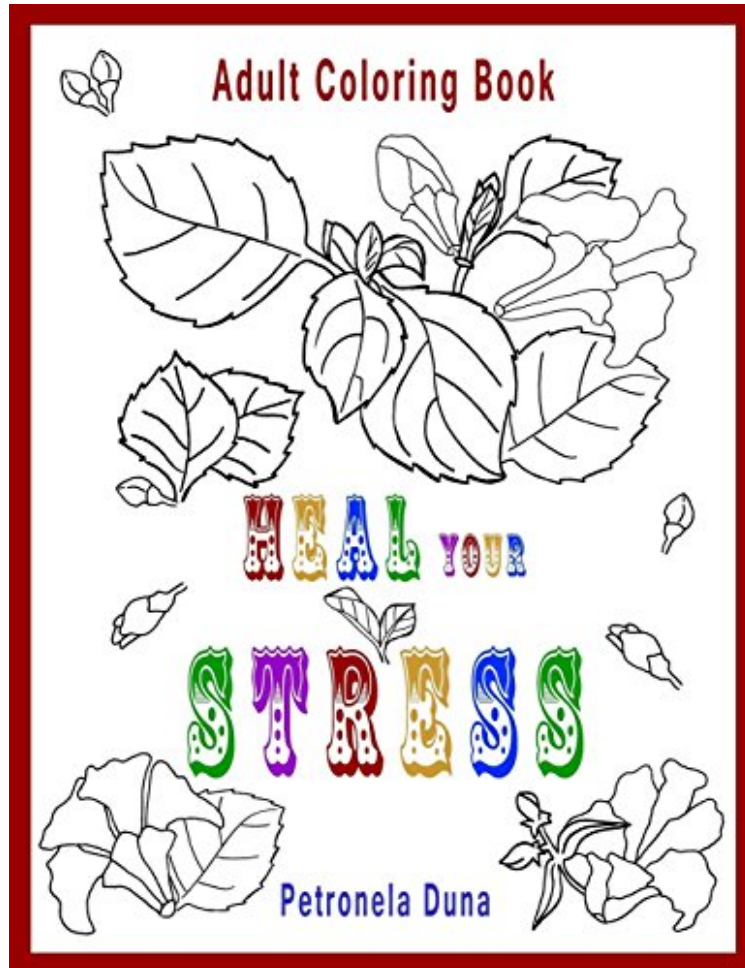


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Adult Coloring Book: Heal your stress

Petronela Duna

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Petronela Duna : Adult Coloring Book: Heal your stress before purchasing it in order to gage whether or not it would be worth my time, and all praised Adult Coloring Book: Heal your stress:

This Adult coloring book is a collection of thirty illustrations printed on one side of each page only - it is the perfect gift for anyone. Coloring offers benefits same as stress therapy does, since once you begin, you become so immersed into this activity that you forget about any worries you might have. Your imagination is the limit as to how you can use color to brighten these drawings. It's time for you to relax and enjoy this activity. Just you and this coloring book. Feel how it brings happiness into your soul. Have fun!

About the AuthorPetronela Duna had been collecting fall leaves and flower petals since ever. She had been amazed by

colors, shapes and diversity. She remembers spending hours throughout her childhood drawing trees, houses and her grandmother's chickens. Over the years her passion for drawing did not fade at all, it merely switched to nature. Drawing made her feel at peace without her realizing that it was in fact a means of relaxation. One day her daughter brought her a coloring book just published by a friend of hers. That was the trigger. "I could do this myself", Petronela thought and the rest is history as they say. She currently lives in Montreal, Quebec with her family, two dogs, one cat and a hedgehog.