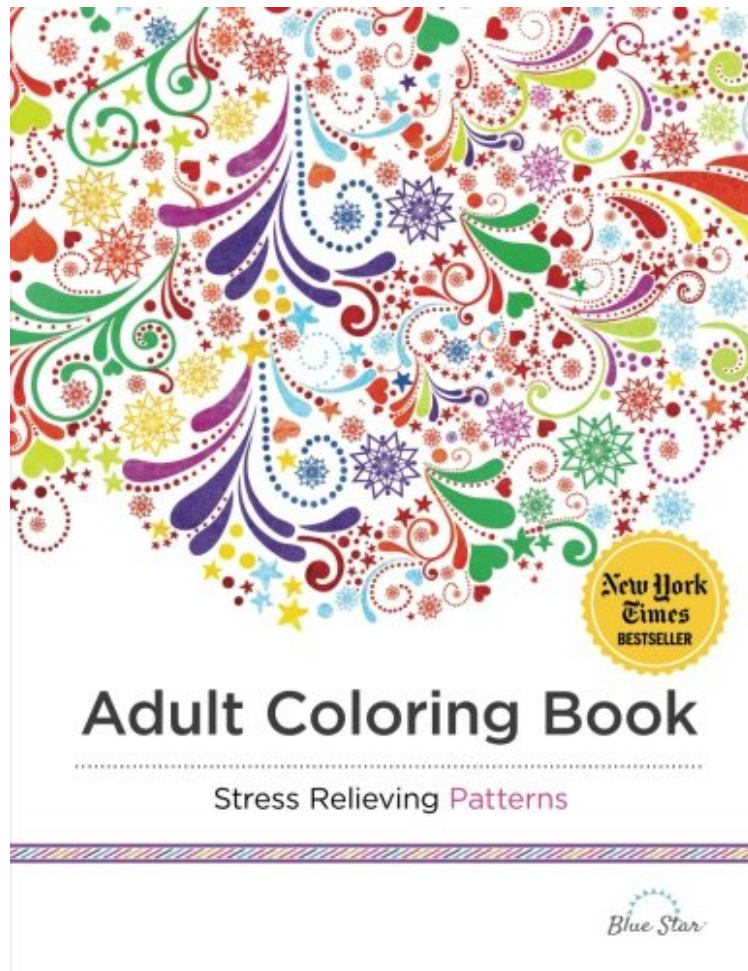


Adult Coloring Book: Stress Relieving Patterns

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#3601 in BooksColor: coloring Book IngramcontentModel: black white illustrations 2015-03-28Original language:EnglishPDF # 1 11.00 x .22 x 8.50l, .64 #File Name: 1941325122106 pagesAdult Coloring Book Stress Relieving Patterns | File size: 51.Mb

Blue Star Coloring : Adult Coloring Book: Stress Relieving Patterns before purchasing it in order to gage whether or not it would be worth my time, and all praised Adult Coloring Book: Stress Relieving Patterns:

979 of 1003 people found the following review helpful. Love it! Perfect!By AstroGirlBunnyLove it! Bought a handful of books as I'm just now getting into coloring. I almost didn't get this book, thinking I'd like the others better. This has instantly became my favorite! Different levels of detailing from page to page so that you have options to fit your mood. Pages thick enough to use gel pens and not bleed through to the next page. LOTS of pages, so many to choose from. Book has easily 2 to 3 times more pages than other books I've bought. Interesting, different patterns. I'm posting two photos. First photo has more intricate detailing and is the first page I completed in the book (used gel pens). Second photo is of a work in progress with colored pencils.1173 of 1207 people found the following review helpful. This is an incredible coloring book with fantastic flowing art work, one picture per page, 46 total illustrations.By

Jackie Cooper This is an incredible book with fantastic flowing artwork. My favorite illustrations are the 15 delicate doily type illustrations and out of 46 illustrations I only noticed 3 that I would not want to personally color. Bring out your imagination, arouse your senses and creativity, and as you become engaged in the pleasurable, soothing activity of Coloring, it calms you and instantaneously starts reducing your stress level. This book is a wonderful addition to your coloring library; a perfect gift school aged children, college students, or adults who enjoy coloring, and a much easier way to reduce stress than going to the gym.

1. 46 illustrations printed one per page (the back of each page is blank) on bright white, medium weight paper and the page numbers are listed on the back of the page not on the front where the picture is.
2. Illustrations include 15 delicate, circular doily type drawings (my favorites) Most of the rest are bordered full page designs from simple geometric shapes with very little detail to complicated very detailed geometric shape designs. There are a few miscellaneous sprinkled through the book I did see one paisley design.
3. The complexity and details vary with the pictures, some you will need sharpened colored pencils or Gel pens for and others crayons or wide markers would work. Place a piece of scrap paper under the page you are coloring in case your pens or markers bleed through the page. My Fiskars Gel Pens did not.

361 of 378 people found the following review helpful. Patients and their families can color in the books while waiting and easily rip out the pages if they want to take ...

By Dr. K We place adult coloring books in the waiting room of the hospital area in which I work. We've just added this one to our library and I'm a huge fan of the designs. Patients and their families can color in the books while waiting and easily rip out the pages if they want to take their artwork home with them, or they can leave it for other people to admire or add to. We've occasionally get people mentioning how much they enjoyed using the books but what really speaks for itself is how quickly they get completely used up!

A #1 National Best Seller on Amazon! Stress Relieving Patterns contains over 30 colorable patterns for novice and advanced color artists alike! A New York Times Best Seller, Stress Relieving Patterns provides for hours upon hours of stress relief, fun and creative expression. Join millions of adults all around the world who are rediscovering the simple relaxation and joy of coloring!

Features pattern coloring pages and mandala coloring pages Heavyweight 60# paper Published by Blue Star Coloring, the team behind multiple national bestselling adult coloring books.