

(Library ebook) People of Memorial Park: Stories From Houston's Favorite Trail

People of Memorial Park: Stories From Houston's Favorite Trail

Stacy Holden

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#727484 in Books 2016-11-11 Original language: English 9.30 x .70 x 11.201, #File Name: 1599328062176 pages | File size: 17.Mb

Stacy Holden : People of Memorial Park: Stories From Houston's Favorite Trail before purchasing it in order to gauge whether or not it would be worth my time, and all praised People of Memorial Park: Stories From Houston's Favorite Trail:

0 of 0 people found the following review helpful. A Nice Trip Down Memory LaneBy JSPSKFWhat a wonderful book! I lived in Houston from 2006 to 2013 and spent many days running at Memorial Park. Having moved recently to Virginia, Memorial Park is the one thing I miss the most about Houston. It is a special place and I knew I would miss it when I left. I stumbled across "People of Memorial Park" while browsing on recently and purchased it. I have been keeping it out on the table in a small sitting/reading area in my place and reading through it whenever I have time. I even recognize one of the people in the book from when I was running -- I remember him because he was so fast and was always sprinting past me and leaving me in the dust. I miss all the Saturday mornings when the park was packed with Marathon training groups and people out walking their dogs and pushing strollers and running and walking. Most cities don't have a place like Memorial Park, or at least not one as well-traveled and beloved, and I have thoroughly enjoyed reliving my time there through this book. Congratulations to Stacy Holden for coming up with a great idea for a book!0 of 0 people found the following review helpful. Such a great book. I keep it on the coffee table ...By SaltboySuch a great book. I keep it on the coffee table and read a story every so often. It is inspiring to see people that never give up, loving life, and just different perspectives. The author's story is especially touching to see her overcome lifelong health issues and staying positive.0 of 0 people found the following review helpful. Interesting read!!By Hillary LackeyThis book is so interesting and entertaining! It stays in my living room and everyone loves looking through it!!

This colorful coffee table book has 176 pages of beautiful photos and unique stories of 45 individuals who frequent the

trail at Memorial Park. Although each story is unique, many people share experiences and feelings that unite us all. Those who come to Memorial Park on a regular basis find peace, beauty, health, encouragement, and a sense of community that no other gym, neighborhood, or city park offers. It is their home away from home.

"In her wonderful coffee table book, *People of Memorial Park: Stories from Houston's Favorite Trail*, Stacy Holden vividly depicts the wonderful jewel that is the Bayou City's favorite park and the myriad of people who utilize its multitude of resources each day. The uplifting and inspiring stories of redemption and renewal--along with fantastic photography--will inspire readers to tackle and overcome their own hardships."--Lance Phegley, editor, *Texas Runner and Triathlete*