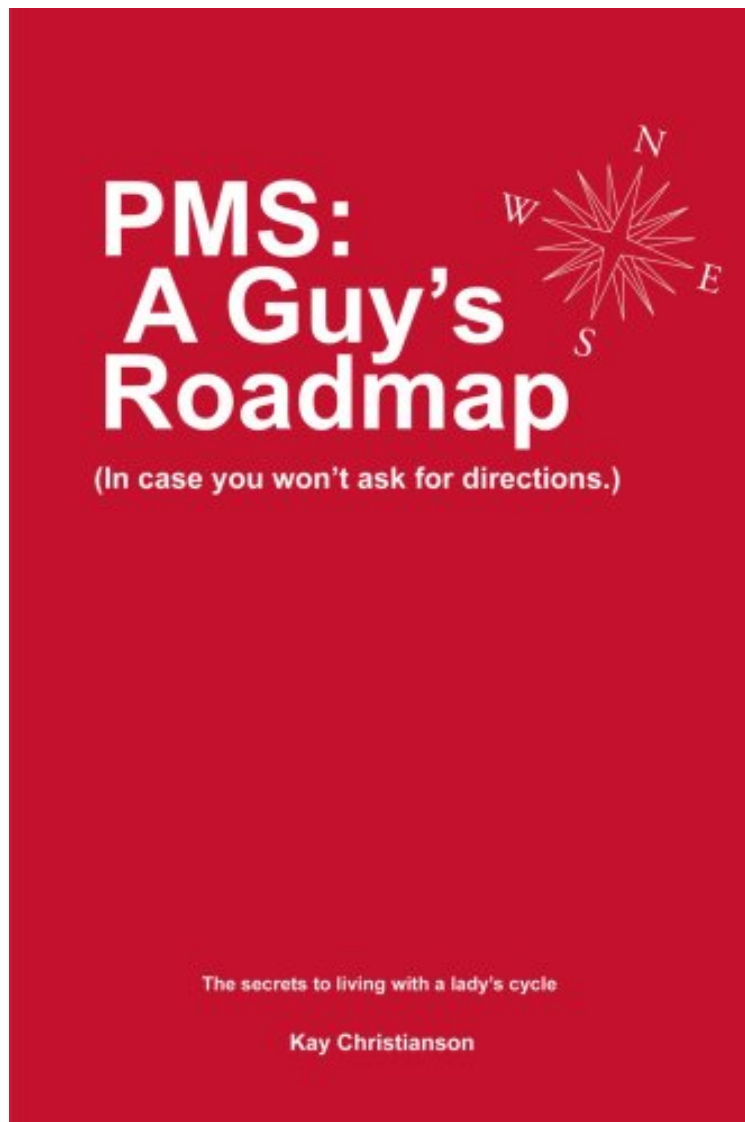


(Mobile pdf) PMS: A Guy's Roadmap (In Case You Won't Ask for Directions.): The Secrets to Living with a Lady's Cycle

PMS: A Guy's Roadmap (In Case You Won't Ask for Directions.): The Secrets to Living with a Lady's Cycle

Kay Christianson

*DOC | *audiobook | ebooks | Download PDF | ePub*



 **Download**

 **Read Online**

#5064503 in BooksColor: Red iUniverse 2001-01-25Original language:EnglishPDF # 1 9.00 x .29 x 6.00l, .59 #File Name: 059515882X112 pages | File size: 71.Mb

Kay Christianson : PMS: A Guy's Roadmap (In Case You Won't Ask for Directions.): The Secrets to Living with a Lady's Cycle before purchasing it in order to gage whether or not it would be worth my time, and all praised PMS: A Guy's Roadmap (In Case You Won't Ask for Directions.): The Secrets to Living with a Lady's Cycle:

1 of 1 people found the following review helpful. Great fun - belongs under humorBy Arthur M. BullockDon't confuse

this book with some technical discussion of the medical facts about PMS, told in a light-hearted way. (There have been such books, but I believe they tend to be out of print unless they're also cookbooks.) "PMS: A Guy's Roadmap" is looking strictly for laughs, and it finds plenty of them. This could actually be quite useful to someone who compounds any problems associated with PMS with a tendency to take the situation too seriously. The book can remind you of the value of having a sense of humor about the whole thing. You could say that what it lacks in medical information (or recipes, although there is a tantalizing reference to chicken cooked in Pepsi), it makes up in conferring "emotional intelligence". I particularly enjoyed the quiz for telling whether the woman in your life is acting as she does because (1) she has PMS, or (2) you are a jerk. 0 of 0 people found the following review helpful. Guys don't buy this book By A Customer Guys, If you are looking for answers to why your girl friend goes nuts 1 week out of the month, this is not the book for you. Actually if you take the author advice and disappear that week, then maybe this book is for you. Other wise, it does not give any more insight into a woman cycle other than; 1. She crabby. 2. She want to clean things. 3. She wants to [have sex]. And before you women start in on the male bashing. Let me first say. WE ARE MEN. WE WANT TO FIT THINGS. Hence the reason for my purchase of this book. I saw my girlfried in pain and I wanted to help. But according to this book, it's best to let you women PMS yourself silly and hold on tight till it's over. You know what? From what I have experience I'll be joining a monastery in the morning. AAAhhhhh to be in the company of sane men. Luck to all you men. 0 of 0 people found the following review helpful. Cramped with laughter! By Debra G. Ok- this is a genius book written by an astute and insightful author. A "Road Map for Guys" provides great tips for maintaining that fragile relationship during times of hormonal unrest. Give this to any guy who is at a loss for just the right words to say when saying nothing is just as bad! Can't wait to see this one on the talk show circuit!

PMS: A Guy's Roadmap (In case you won't ask for directions), wraps various PMS explanations in laughs, providing men with a better understanding of the phenomenon in an interesting way, and providing women with a complete explanation they can offer as to why they're eating Cheesey Puffies with their ice cream. This essential guide covers some of the most perplexing female issues, such as: Why we ask men questions and leave the room as they answer; The shoe-shopping chromosome; Bathroom Bonding; When to lie; Recipes for maximizing shortening content; The fatty/sweet, fatty/salty PMS paradox; Mood elevation techniques, including 12 ways to destroy the Victoria's Secret catalog; The benefits of the "half time show"; and more! No matter how many times their women experience PMS, men seem to need more guidance in understanding it. By the conclusion of this book, they will have a clear understanding of why they found it so confounding in the first place. Charts, graphs and historical anecdotes round out this laugh-out-loud perspective on a timeless problem. So for all those males lost every 28 days, or for those who need a fairly affordable gift quickly, this book is for you.

From the Publisher PMS: A Guy's Roadmap (In case you won't ask for directions), is a book for today's couples struggling to navigate the terrain of fluctuating female cycles. At last, men can have helpful explanations plus critical tips for responding to a lady's special needs at this time. From mood swings to work habbits, to the especially helpful FOOTBALL GAME ANALOGY, this book gives men hilarious and welcome insights into her perfectly unreasonable behavior. You'll even get the secret answer to the "Am I fat?" question. From the Author Charts, graphs and historical anecdotes round out this laugh-out-loud perspective on a timeless problem. So for all those males lost every 28 days, or for those who need a fairly affordable gift for your brother-in-law, this book is for you. About the Author As an award-winning advertising writer for many years, Kayê's written oodles of ads for various national and regional campaigns. Kayê's also performed comedy in several clubs and theatres throughout the LA area for quite awhile too. But her most notable talent is writing glowing things about herself in bios.