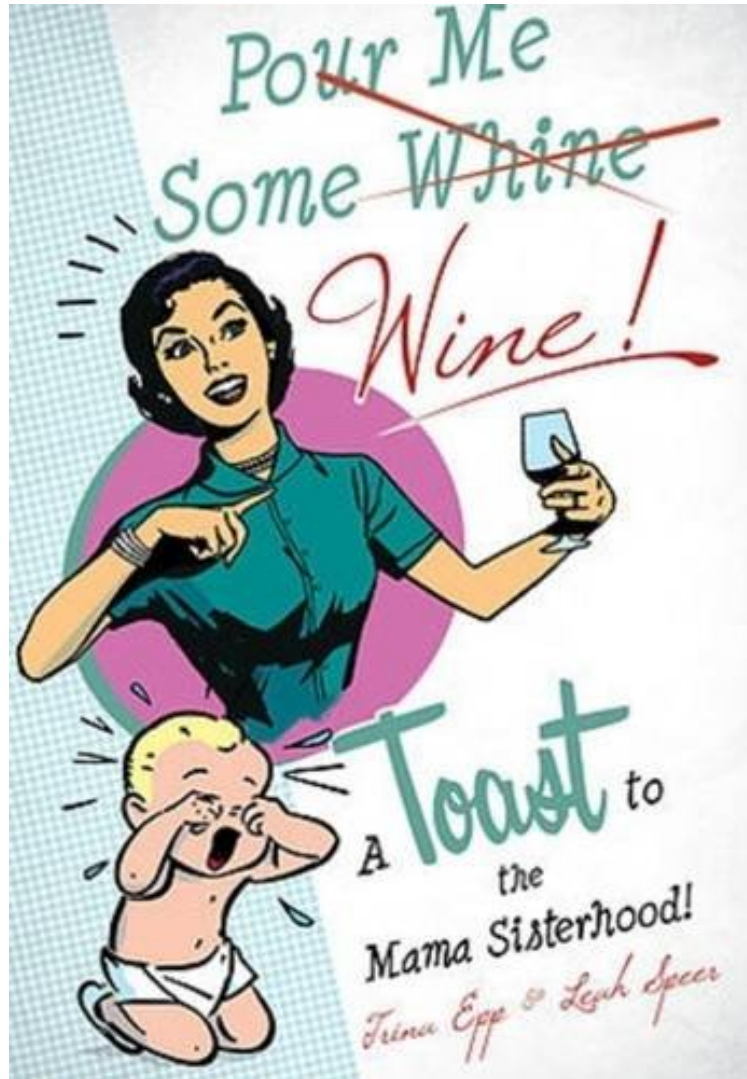


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## Pour Me Some Wine: A Toast To the Mama Sisterhood!

*Leah Speer, Katrina Epp*

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**Leah Speer, Katrina Epp : Pour Me Some Wine: A Toast To the Mama Sisterhood!** before purchasing it in order to gage whether or not it would be worth my time, and all praised Pour Me Some Wine: A Toast To the Mama Sisterhood!:

4 of 4 people found the following review helpful. A MUST Read for new moms! Did I mention there's wine?;)By MABI was so excited to hear about this book! I found it to be just what I needed. I read most of while nursing my twins...which is pretty much all day long. I laughed a lot while reading this book. The writers approach the challenges and happy times of the first several years with such heart and just enough of a sense of humor to make it realistic.It made me laugh out loud. I would definitely recommend it to new first time moms!! This is just the book to read while

home on maternity leave! When you can't be out on the town with your girlfriends, you'll feel like you're not alone while reading this. I felt like the authors and the moms in the stories were my friends, too. We've all been there...kids are wonderful, but being a mom can be quite a rollercoaster. This book takes a look at everything we feel as a mom. Guilty, yes! Overwhelmed, yes! Overwhelmed with happiness, that too! The good and the not so great. This book definitely makes you feel like you aren't alone, and many of the stories remind you just how awesome being a mom really is...and the wine is icing on the cake! 3 of 3 people found the following review helpful. The perfect read for those sleepless nights! By Jessica86 Those middle of the night feedings...it seems like it's the only time I can read anything these days! But, this book makes it so it's very easy to read and pick right up where you left off...or in a whole new "emotion" you're feeling on any given day. Even better, it makes me feel like the sleepless nights won't last forever. They won't, right? LOL Seriously, it makes me feel like I'm not alone surviving through colic, tantrums (did I mention I also have a toddler), and in wanting (needing?) my wine. This book is a huge sigh of relief for me and I'm pretty sure it'll never leave my bedside table! I may just have to get a copy for the nursery and my diaper bag :) 1 of 1 people found the following review helpful. A wine pairing for every aspect of parenting By Missy Such a fun read! Let's all be honest. This motherhood journey we're on is a mixture of three things - love, laughs, and tears. The only missing piece was knowing what wine paired perfectly with which parenting experience. This book pulls it all together while making you feel like less of a mess. Perfection!

Over the years, we found ourselves going from college-age gals drinking Boones Farm to women with jobs splurging on labels we thought were oh-so-classy, such as Kendall Jackson. Swiftly, our knowledge grew even more and we matured into women who attended dinner parties instead of just clubs – or even better: wine bars. Napa quickly surpassed spring break in Cancun, and before we knew it...we were settling down...having babies and raising a family. Dinner parties and wine tastings? Whaaa? We were lucky if we had time to shower. Wine who? But, as we often do as mothers – we persevered. As the kids grew, we found, and even required, more time for ourselves. Becoming a mom didn't mean we had to give up everything we knew; it just meant we had to get more creative after a day of “mommy this” and someone constantly pulling on our leg or needing our attention. Rather than attending lavish events where wine was served and we had no bedtime; we grabbed a bottle of red or white depending on the mood or stresses of the day. Some days required a nice, sweet white for celebration – say after naptimes proved successful for the third day in a row. Or, the days that definitely warranted a smooth, bolder red (#epicfail)? accompanied by a cozy blanket and Netflix. Whether it's to celebrate or to unwind; wine certainly has not lost its purpose in our lives. We are mommoisseurs. (Mommoisseurs: wine enthusiasts who happen to be fabulous moms). And we invite you to become mommoisseurs with us! Pour Me Some Wine reveals how you, too, can be a mommoisseur. The book will also take you through the emotional journey of the modern mom while offering clever suggestions of the perfect wine to pair with each specific mood we all encounter on a daily basis. The easy-to-read chapters are convenient for the busy mom. Read from the beginning or start at a chapter you are identifying with at any particular moment. Feeling overwhelmed? Then chapter 3 is for you! Is your husband driving you crazy, go straight to chapter 7. No matter the mood, you'll find a story that you can relate to? driving home the beauty that you're not alone in this crazy world of motherhood! Make wine the event and pamper yourself, mama! Try a few of the wines we suggest or brands of your own choosing while finding comfort in the stories offered from other moms who've been right where you are now. We don't have to stop being first-class wine lovers just because we had babies. Pair this book with a bottle of your favorite wine for the perfect gift for your best girlfriends, sisters, co-workers; for the countless baby showers you'll no doubt attend...or for the mom who really deserves it: you! Ladies, it's the not-so-new, yet hip, era for us wine lovers, moms. Join our club; we welcome you, future Mommoisseurs!

About the Author Leah Speer is a parenting blogger at BabyCenter®, the #1 pregnancy and parenting web destination worldwide, which reaches 14 million moms in the United States every month. She is the mother of two sons, ages four and five. She has always had a passion for writing, inspired by her mom, a RITA Award nominated author who has found success in the publishing world as well. Leah has been published in various publications on families and parenting including an op-ed piece in the New York Post on the Sandy Hook tragedy and an article about families and Christmas time in The Baltimore Sun. Along with Katrina, she is a co-blogger at [www.must-have-wine.com](http://www.must-have-wine.com). Leah resides in Myrtle Beach, South Carolina, with her sons, husband, and faithful dog. Author, and blogger Katrina (Trina) Epp, raised in Ellensburg, Washington, began her career in sales working with a large international hay export company. This led to Trina starting her own company marketing and selling hay internationally to Japan, Taiwan, and Korea. Eager for a new challenge, Trina moved to Oklahoma where she began a new career as a commercial lines insurance agent. Four years later, she moved to Western Colorado, acquiring a position at a large commercial insurance agency. For the last nine years, she has juggled a full-time career and being mommy to her seven-year-old daughter and four-year-old son. She has been published in various publications about parenting and family life, including Central Penn Parent magazine on the Penn State rape scandal, and Divine Caroline magazine for her article, “The Seven-Year Itch,” as well as in the YummyMummyClub for her article on the “Uh-Oh Box.” Katrina also blogs

about healthy eating, parenting, and family life at [www.must-have-wine.com](http://www.must-have-wine.com).