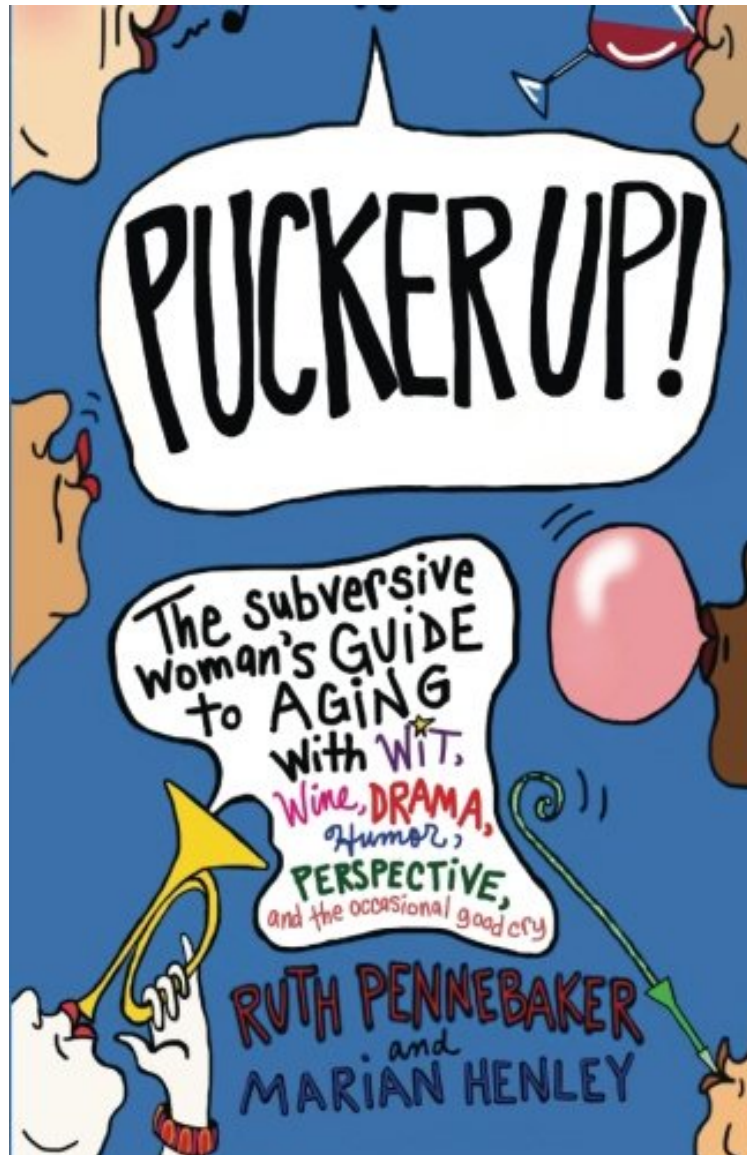


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Pucker Up!: The Subversive Woman's Guide to Aging With Wit, Wine, Drama, Humor, Perspective and the Occasional Good Cry

Ruth Pennebaker, Marian Henley

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Ruth Pennebaker, Marian Henley : Pucker Up!: The Subversive Woman's Guide to Aging With Wit, Wine, Drama, Humor, Perspective and the Occasional Good Cry before purchasing it in order to gage whether or not it would be worth my time, and all praised Pucker Up!: The Subversive Woman's Guide to Aging With Wit, Wine, Drama, Humor, Perspective and the Occasional Good Cry:

7 of 7 people found the following review helpful. and smart advice for agingBy Brette SemberPennebaker and Henley are simultaneously irreverent and deeply reverent as they offer spot-on, realistic, and smart advice for aging. The irreverency is obvious from the title and the wonderful cartoons throughout, but what you realize as you read is that they have a deep love and respect for women and that they have found the joie de vivre in aging. This book is essential reading for anyone passing 50, 60, or 70. It not only makes a really wonderful birthday gift (no gag gift here - wonderful humor paired with well-lived advice on everything from the practical to esoteric) but is something a woman of a certain age will want to come back to again and again to just flip through and re-read some of the inspirational and humorous words. It's so nice to read something that celebrates aging while gently laughing with you at how ridiculous it is.3 of 3 people found the following review helpful. Pucker Up has attitude and recommends that you do, too.By Alexandra GrabbeIf you look in the mirror and wonder who the person facing you could be, take heart and don't despair. What you need is Ruth Pennebaker's new book. Pennebaker wrote Pucker Up with a cartoonist friend Marian Henley and it's a hoot. As a fan of The Geezer Sisters Blog, I immediately recognized Pennebaker's cheeky writing style. Pucker Up has attitude and recommends that you do, too. Another suggestion is to invest in good exercise shoes rather than expensive skin creams. I'm at the precise age where this book speaks to me: the author posits hiring someone to do small jobs you can't or don't want to do. I just hired a young man to garden for me. Do I feel guilty? Nope, I'm stimulating the economy, as Pennebaker points out, my reasoning entirely. Aging is inevitable. If we don't die young, we grow older and age. The goal should be aging well, Pennebaker explains. Pucker Up offers tips on how to do just that. What a fun read!1 of 1 people found the following review helpful. Mostly GreatBy C. DickensReally liked this book. Short and to the point. The cartoons add a little zest. I was looking for something that would shake me up a little and inspire me to accept aging a bit more gracefully and this book did the trick. At different points I really felt buoyed up about aging, felt I can do this thing well. Hopefully that's what I'll do. Only downer is the section on preparing for death and one's last words, etc. I felt this was unnecessary and belonged in a different book.

PUCKER UP! is a wry, irreverent, and poignant book on aging well. It's lavishly illustrated and lightly organized.

About the AuthorRuth Pennebaker is an author, columnist, public radio commentator, and blogger. PUCKER UP!, a wry, irreverent, and poignant book on aging, is her eighth book. She also wrote WOMEN ON THE VERGE OF A NERVOUS BREAKTHROUGH, an adult novel, and three highly acclaimed young-adult novels, DON'T THINK TWICE, CONDITIONS OF LOVE, and BOTH SIDES NOW. Her work has appeared in The New York Times, Texas Monthly, The Dallas Morning News, Texas Observer, Parents, Redbook, McCall's, Cooking Light, and other nationwide publications. Ruth lives in Austin, with her mad-scientist husband. Her hobbies are reading, yoga, social criticism, and free-form worrying. A card-carrying member of the Chickasaw Nation, Ruth was born in Ponca City, Oklahoma, close to a refinery. She holds a bachelor's degree in comparative literature from Eckerd College and, for reasons that now elude her, a J.D. with honors from the University of Texas School of Law. Ruth also blogs at www.geezersisters.com. Marian Henley is a cartoonist, artist, and author whose work has appeared since 1981 in many U.S. publications such as Funny Times, Austin Chronicle, LA Weekly, San Francisco Chronicle, Dallas Morning News, MS. Glamour, MAD, newsletters for Hawaiian polygamists, recovery books for renegade Scientologists, funny sex books from the Kinsey Institute, and, yes, we had better stop right there. Her work has been translated for foreign publication into Russian, Swedish, Italian, and Spanish. She lives in Austin, Texas, with her husband Rick, son William, and numerous cats and dogs.