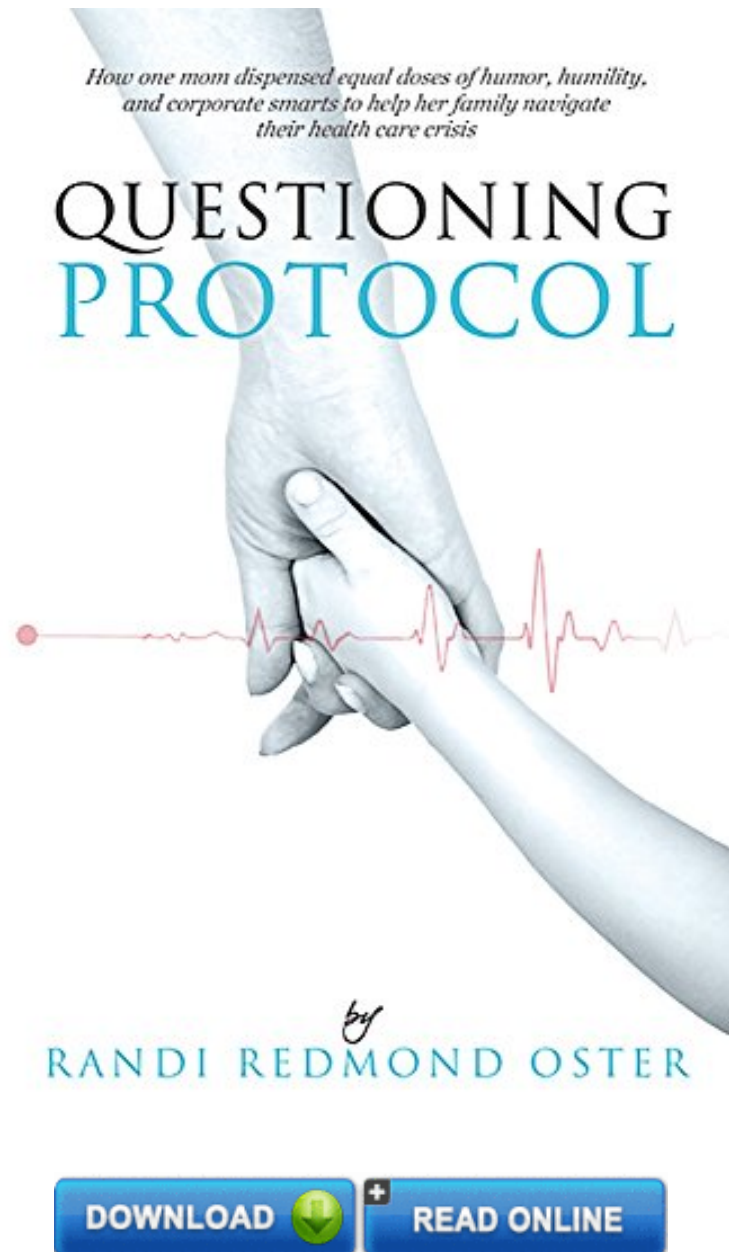


(Free) Questioning Protocol: How to navigate the healthcare system with confidence

Questioning Protocol: How to navigate the healthcare system with confidence

Randi Redmond Oster

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Randi Redmond Oster : Questioning Protocol: How to navigate the healthcare system with confidence before purchasing it in order to gage whether or not it would be worth my time, and all praised Questioning Protocol: How to navigate the healthcare system with confidence:

3 of 3 people found the following review helpful. "Questioning Protocol" - Gutsy moves to become the best health care advocate.By Pia FriisI could not put this book down! We have all had health scares but when your child is ill, it

becomes even more frightening. Randi's story brings out the full spectrum of emotions. It is touching, heart-warming, heart-wrenching, scary and funny - all at the same time. That's what you want from a book, right? So, grab it and read something that will help you if you ever end up in the unfortunate situation of having a loved one face a health issue. The title of the book: "Questioning Protocol" is the main message Randi wants to give. The health care system is a maze and difficult to navigate when you are scared and frightened. Randi guides you through the system, teaches you to question protocols and that it is okay to say no to tests or surgeries until you have enough information of the rewards and risks involved. While this sounds so simple, Randi shows that it is not. She had to fight hard and take some drastic and gutsy measures to be heard and respected by the doctors herself. Randi's description of her own fear for Gary, how she and her husband, Steve try hard to maintain the daily routines for their younger son, Matt and her ailing mother are honest and raw pictures of how life really is when you have a sick loved one. It is against this backdrop of emotional and practical struggles that Randi's achievements stand out. Randi's ability to be cool-headed and evaluate Gary's treatment in light of her corporate experience gives the rest of us a tremendous gift. Randi gives us tools to use if we ever have to face something similar. 4 of 4 people found the following review helpful. A true story that captures your heart and provides guidance for your own walk through healthcare issues By Deb Sandgren We have all been ill. And most of us have had a loved one with a serious health issue. It's so much harder when it's someone you love and an easy fix is not possible. Hospitals are frightening and doctors can be intimidating. And going against the norm, the crowd, the collective thinking of what seems like the best and brightest minds takes a strength and determination we hope we have when the time comes. Randi tells the story as if it happened just yesterday, and pulls us into her fight to do what was best for her son. It made me think back to my own son's struggle with mental illness, and how quickly everyone wanted to pump him with drugs until he could no longer feel anything. I applaud her strength but also applaud her gift to all of us - this book. So when we need to make a healthcare decision with lifetime impacts, we will have another perspective to add to the many strong recommendations we will receive. 0 of 0 people found the following review helpful. Excellent book for anyone dealing with medical bureaucracy By Gabi Coatsworth Full disclosure: I took a writing class with Randi - we were both students at the time. This is an honest review. I give 5 stars to book I consider best in their class/genre. This is one of them. Randi Redmond Oster started with a problem and turned it into a book to help others deal with the problems she had. The problem was that her teenage son was repeatedly hospitalized for a misdiagnosed disease, and Randi had no idea how to challenge the medical profession in order to get the best care for her son. A former GE engineer with an MBA, Randi decided to apply some of her problem-solving talents together with her motivational skills, with amazing results. This is the book she wrote about her experiences. It's very readable, with plenty of first hand stories, and also provides a step by step guide as to how to have this success if confronted with a large medical bureaucracy.

Questioning Protocol is an intimate portrait of how one mom navigates the health care maze when her teenage son's Crohn's Disease brings everyday life to a screeching halt. It is a healthcare solutions book from a mom's perspective. Randi Redmond Oster shares the tips, tools, and tricks from her corporate experience, engineering skills, and compassion for her son, for navigating the broken healthcare system.

"As a guide for parents and caretakers, Oster's memoir is practical, compassionate, and focused. The "What Can You Do Now" sections are easy-to-find, practical lists of advice at the end of the more memoir-like chapters." - Foreword by Melissa Wuske