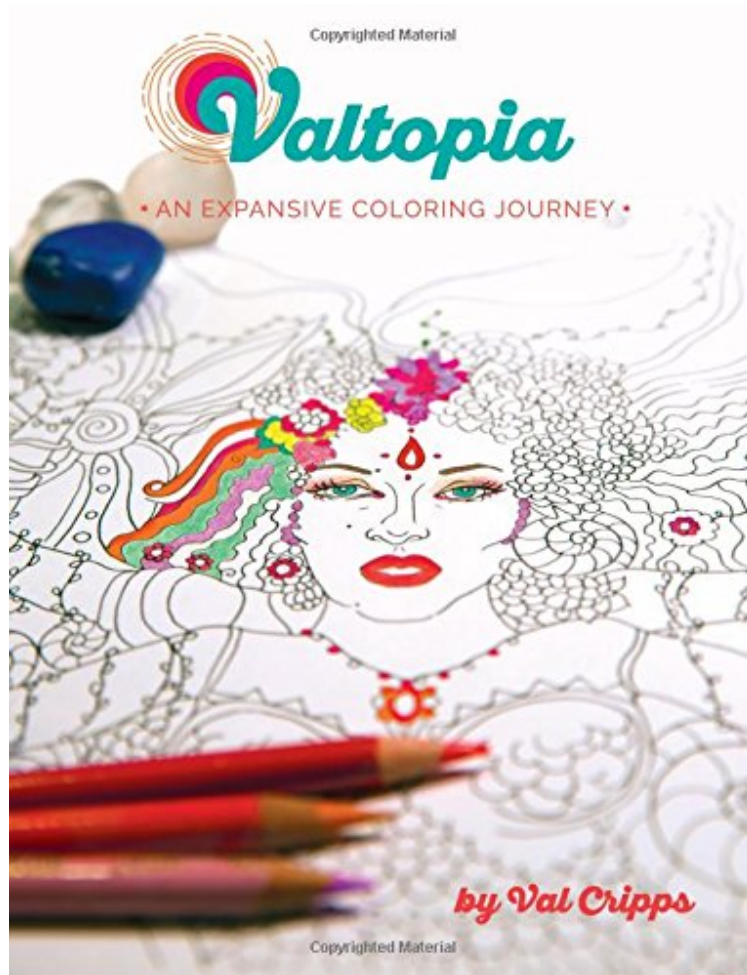


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# Valtopia An Expansive Coloring Journey

Val Cripps

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**Val Cripps : Valtopia An Expansive Coloring Journey** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Valtopia An Expansive Coloring Journey:

6 of 6 people found the following review helpful. Breath deep and enjoy your Valtopian journey :) By A. Abeyta This unique book is more than just a coloring book, it's a meditative journey. Valtopia is beautifully drawn and the included "Valtopia: Your Guide" thoughtfully guides you through a meditative journey - complete with a suggested essential oil and accompanying crystal. 2 of 2 people found the following review helpful. What a unique and different book! By Lucy What a unique and different book! You can not help but LOVE IT! when you get it and start coloring in it. I really like that it is UNIQUE and different in comparison to all the others out there that are pretty much all the same. I love the name too "Valtopia" 3 of 3 people found the following review helpful. This is such a great adult coloring book! By Kathryn Radke This is such a great adult coloring book! I had to color a page right away when it arrived. The designs are each very unique and magical. It is such a nice touch to have a little information about each illustration

along with recommended crystals and essential oils near the end of the book. It truly is an expansive coloring journey.

This 8.5 x 11 inch book has 22 vibrant, mind blowing and intricate drawings that will excite, awaken and energize you. These sensational images take you on a journey back to yourself. Travel through powerful concepts such as self care, sacred connections and flow, that will impact you at the deepest level as you color, release and transform. Revitalize yourself as you bring to life these iconic images with your markers, fine tipped pens and colored pencils. To boost the experience, each image has an accompanying guide to an essential oil and several crystals. Each has a description of how these can help boost your mindset, expand your spirit and basically, make you feel great. We can't wait to see what you color! Why wait? Begin your expansive journey to your ultimate vision, creativity and transformation and click above to get your Valtopia coloring book today!

About the AuthorVal Cripps Through coloring, drawing, essential oils, crystals and positive thinking, Valerie guides you back to yourself, your own intuition, your own inner strength and calm. A new mindset is only a thought away. Valerie Cripps lives in Los Angeles, CA with her husband and two young boys. She has worked for many years in the film industry as a visual fx artist, but her first love and passion has always been creating and expressing herself through art, music and her voice. 2015 has been a powerfully transformational experience, from finding her voice through voice over classes, to stepping into her own empowerment and spirituality through wonderful connections with gifted healers, teachers, meditation and creation. In July, she dedicated herself to creating a coloring book that not only documents this transformational journey, but offers up visionary images, guidance and tools to this expansive practice.