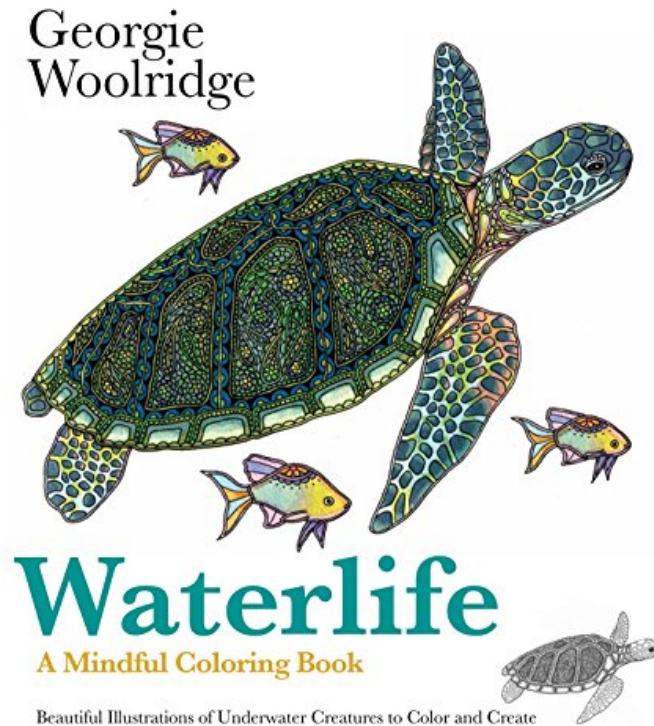


Waterlife: A Mindful Coloring Book

Georgie Woolridge

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#554083 in Books Macmillan Publishers Model: 510590 2016-03-08 2016-03-08 Original language: English PDF # 1 .44 x .1 x 10.26l, 1.13 #File Name: 125009503480 pages Beautiful illustrations of Underwater Creatures to color and create St martin's Griffin books Softcover, 80 pages | File size: 35.Mb

Georgie Woolridge : Waterlife: A Mindful Coloring Book before purchasing it in order to gauge whether or not it would be worth my time, and all praised Waterlife: A Mindful Coloring Book:

0 of 0 people found the following review helpful. I love every page By Laura Crismond I love every page, the pictures are beautiful and there is a discrimination of the fish that tells you what color they are and their habitat. 0 of 0 people found the following review helpful. Beautiful accurate images By Picky CO Mom Love the accurate images in this book. My kid studies ocean animals and she was ecstatic that the images really represented the ocean creatures. 0 of 0 people found the following review helpful. Four Stars By mjm1063 This is a very detailed book. I wish there were more examples of the finished pages to reference.

An entire world exists beneath the waves, and now you can bring it to vibrant life with your colored pencils, markers, or even watercolor paint! Waterlife presents a new kind of mindful coloring book, containing over 35 astounding drawings inspired by illustrator Georgie Woolridge's travels in India and around the world. Each stunningly intricate drawing incorporates swirling paisley patterns and other local designs inspired by the styles in Thailand, Vietnam, Singapore, Australia, and New Zealand. By easing you out of your thoughts and into another world, coloring these beautiful images becomes a practical exercise in mindfulness that anyone can adopt, regardless of skill level. Each

stunning illustration is accompanied by a brief paragraph about the underwater creature and its habitat, in addition to a helpful introduction with hints and tips about drawing, coloring, and the various effects that you can achieve by using different coloring tools. Go ahead and dive in!

About the Author GEORGIE WOOLRIDGE is an artist who studied Art Foundation and Woven Textiles, graduating from Loughborough University in 2010. She most identifies with art that captures color and movement, especially intricate patterns. Birds are her biggest inspiration. She lives in the UK.