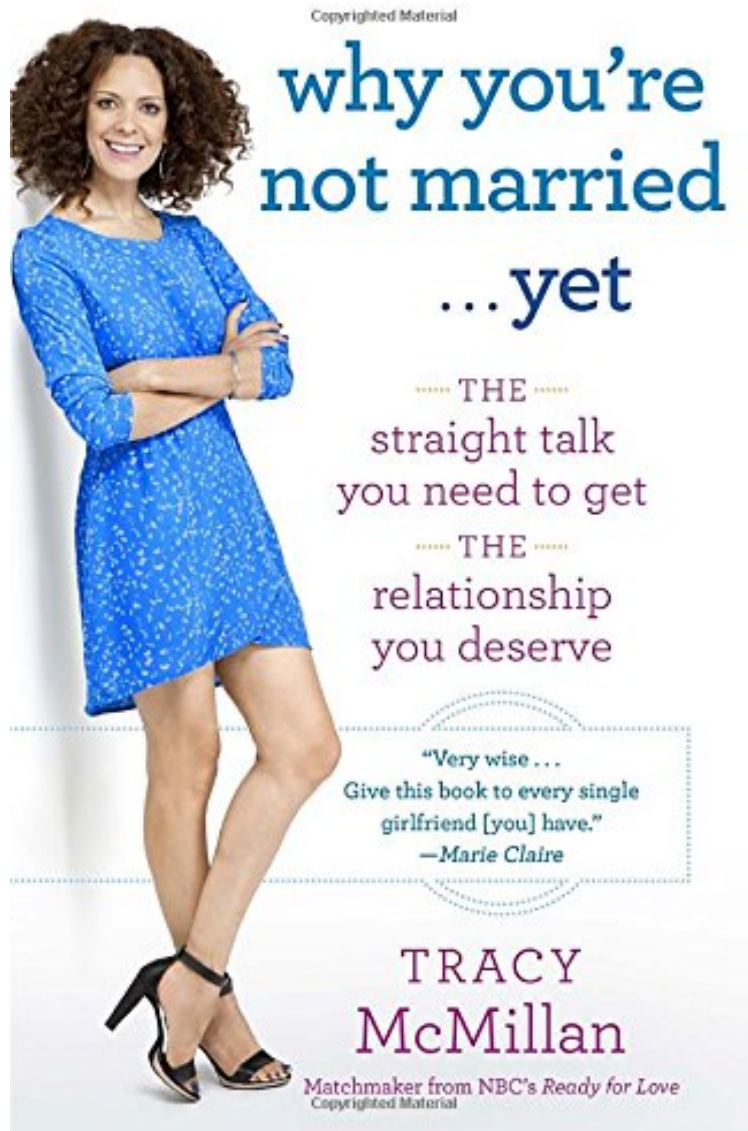


[Mobile book] Why You're Not Married . . . Yet: The Straight Talk You Need to Get the Relationship You Deserve

Why You're Not Married . . . Yet: The Straight Talk You Need to Get the Relationship You Deserve

Tracy McMillan

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#323063 in Books Tracy McMillan 2013-03-26 2013-03-26 Original language: English PDF # 1 8.00 x .67 x 5.20l, .44 #File Name: 0345533275240 pages Why You re Not Married Yet The Straight Talk You Need to Get the Relationship You Deserve | File size: 74.Mb

Tracy McMillan : Why You're Not Married . . . Yet: The Straight Talk You Need to Get the Relationship You Deserve before purchasing it in order to gage whether or not it would be worth my time, and all praised Why You're Not Married . . . Yet: The Straight Talk You Need to Get the Relationship You Deserve:

3 of 3 people found the following review helpful. Wow this book really goodBy Jan ChiiThis Book really show me where I went wrong. Mainly how to learn and make better choices in love relationships. Everyone must get this book. What an epiphany. A wake up call. A closeness to learning about yourself, love, and getting closer to God your inner spirit. Can't love no one unless you work on you. Know what to look for, especially unresolved issues in your life. Complete you first. Good read. Love her authenticity to speak the truth. Mostly to break down underlying barriers and walls of in order to get self love. One must be it live it and put it back in the universe. Jan. Thank you Terry. Beautifully said. Blessed you. 0 of 0 people found the following review helpful. Yes, Keeping Is Straight Helps You Be HonestBy SMFWow, what a journey read...I believe I encountered Tracey McMillan when an article popped up from Huffington Post Women. As many know, she has a blog on there talking about the same issues that she talks about in her self help memoir, Why You're Not Married. I have seen the reactions to her self-help memoir with comments and critiques. What she puts out that in why you are not married is controversial to some. However, I am one of the ones that go into the camp of looking into her insight positively. I feel like what Tracey expresses is NOT to hurt women at all. And for me, her book is not about hitting a nerve (although I do understand why it makes some uncomfortable), but it is about one being happy with herself before she enters a union. BUT this book also helps people who are already in a relationship (like me) or already married. It not only gives valuable advice but along with that advice, valuable application as well. McMillan speaks out of truth about what most men are looking for. She pretty much tells, primarily, her heterosexual female audience that in order for you to gain a committed relationship with a man, you have to start building a committed relationship with yourself. We are attracted to people who have the overall personal, professional, financial, etc. business together. We aren't attracted to people who are clinging or wants a person to fix who they are. I learned a lot from this books looking at how I reacted in my nine year relationship. It made me realize I've gone about some decisions wrong and acted in a negative manner about certain matters. I encourage all to read this book. It is about YOU...and how you need to help yourself and transform yourself before you get into a relationship. 0 of 0 people found the following review helpful. This book is really fun to readBy KawaiThis book is really fun to read, and Tracy gives it to you like a conversation with a well-known girlfriend. She's straight-forward when you need it, and then gives you gentle guidance and encouragement when it's necessary as well. She calls you out on your stuff, but does it in a way where you know it's coming from a good place. Definitely a fun read and good one.

This paperback edition includes an exclusive conversation between Bill and Giuliana Rancic, hosts of NBC's Ready for Love, and Tracy McMillan, one of its expert matchmakers. This new relationship show features three of America's most eligible guys searching for their soul mates. If you're looking to get married and you're not, there's most likely a very good reason: you. Hey, you're certainly not a bad person! You just haven't yet become the woman you need to be in order to have the partnership you want. That's where this book comes in. Based on her wildly popular Huffington Post article, Tracy McMillan's Why You're Not Married . . . Yet dishes out no-holds-barred practical wisdom for women hoping to head down the aisle. And this new edition features even more candid advice and sisterly insight. McMillan points out the behaviors that might be in your blind spot and shows you how to adjust them to get the relationship you deserve. Do any of these chapter headings sound familiar? • You're a Bitch: How defensiveness can hide behind a tough exterior, and why being nice is never a sign of weakness. • You're a Liar: How to stop lying to men—and get honest with yourself—about the kind of relationship you really want. • You're Selfish: The big secret about marriage: It's about giving something, not getting it. A funny, insightful guide, Why You're Not Married . . . Yet will change your life and the way you think about relationships, and it may very well lead you down the aisle. "Very wise . . . Give this book to every single girlfriend [you] have."—Marie Claire "Equal parts BFF, boot-camp instructor, and relationship guru, Tracy McMillan will change the way you think about yourself and your relationships. This book is for every woman out there who wants to have a great marriage."—Ricki Lake

.com QA with Tracy McMillan What inspired you to write the Huffington Post essay that eventually landed you a book deal? One of my TV writer friends suggested I write and perform an essay for this popular Los Angeles staged-reading series called Sit-n-Spin. I was trying to figure out what to write about, and I went back to the old writer's maxim: write what you know. It's always suggested that you write something that only you could write. So I asked myself, what can only I write about? And the answer was: Well, you've been married three times, you could write about that. And it was true. I know all about choosing and building the kind of relationship that leads to marriage. And I saw a bazillion girls who seemed to HAVE NO IDEA how to do that. So I wrote a funny, biting, satirical, tongue-in-cheek, but super-true breakdown of why I felt chicks weren't getting married. And I called it Why You're Not Married. Eventually, I decided to publish it in the Huffington Post. I was shocked--and not shocked--when it went massively viral. I'm just saying what millions of people--including chicks who aren't married--already know. Why do you believe in marriage? I think relationships in general--and marriage in particular--is the ultimate yoga. Nothing challenges a person to expand like being asked to love an actual, real-live, totally flawed human being. And marriage makes you do that. (It's what makes parenting so challenging, and valuable, as well.) But, just to be clear, this book could just as

easily be called WHY YOU'RE NOT IN A LONG-TERM, COMMITTED RELATIONSHIP... YET. I don't think there is necessarily anything more awesome about marriage per se. I'm not a fundamentalist in any way. What I'm talking about when I talk about marriage, and the thing I really believe in, is that something psychological that happens--for better or for worse, depending on the character of the people involved--when you take away the "outs" in a situation. People are tested. And there is something about commitment itself that actually creates the possibility of success against very tall odds. It's the difference between, say, swimming in a pool and swimming in the ocean with a shark after you. In the shark scenario, you're going to try a teensy bit harder. You say that you wrote this book while you lived this book--can you explain? I got into a new relationship shortly after the piece in the Huffington Post appeared. I hadn't been in a relationship in more than a year and what I got to see first-hand is that no one is just "finished" being a bitch, or crazy, or shallow, or anything else I talk about in this book. It's more like each chapter is about a different pitfall that most women will face in their relationships--yes, some chapters apply more than others, but still. We all have all of this stuff. A person has to practice not being a bitch--I have to wake up and practice it again today just like I have to brush my teeth again today. And tonight. That's also why this book is not about being mean to women--it's about being honest with ourselves about the kinds of attitudes and behaviors that block our ability to love ourselves and other people more fully. What do you think is the #1 thing women do wrong out in the dating world? Probably the number one thing women do wrong in the dating world is lie to themselves about what they really want from a man and whether they can really date a guy casually. In my experience, about 93% of the women over say, 27 who are having sex with a guy would actually like to be in a relationship with that guy. But if there's a sense that the guy is not open to that, they'll often just jump in now and hope he'll eventually commit later. I don't see this happen very often. In the process, the woman often ends up getting really hurt--though it can be hard to admit that. We wish we could just date and have sex casually, but many many of us just can't. It has nothing to do with morality, we just don't seem to be able to. And there's nothing wrong with that. What's the best dating advice you ever received? No one really told me much about dating. I sort of figured out a lot by trial and error. But probably the thing that has helped me the most is when I started being really honest with men. Especially about the friends-with-benefits situation. I learned how to say, I would LOVE to just be friends with benefits. But I've come to the conclusion that I can't. I will be drunk-dialing you for sure about three weeks after I start having sex with you. So if you're not interested in that, you should probably pass. Of course, some dudes PASS. And that was painful, especially in the beginning. But the good news is that a lot of them don't. And the ones who don't, you know are at least somewhat willing to entertain the notion of a committed relationship. It's like getting pre-qualified for a mortgage. Not approved. No one's actually giving out the hundreds-of-thousands of dollars. But you know that, somewhere down the line, you might. If women take away one thing from Why You're Not Married... Yet, what would you want it to be? Hope. I think a lot of women feel upset and a little hopeless about why it is they haven't been able to create the partnership they desire. I can guarantee this book will give you insight into what's going on in your relationships. Whether you're single, married, or a man! But even more importantly, I'll give you a way to get from where you are, at least one or two or seventy baby steps toward where you're going. Because I really believe that every woman who wants to can start building a wonderful relationship from where she is right now. That's what this book is all about.