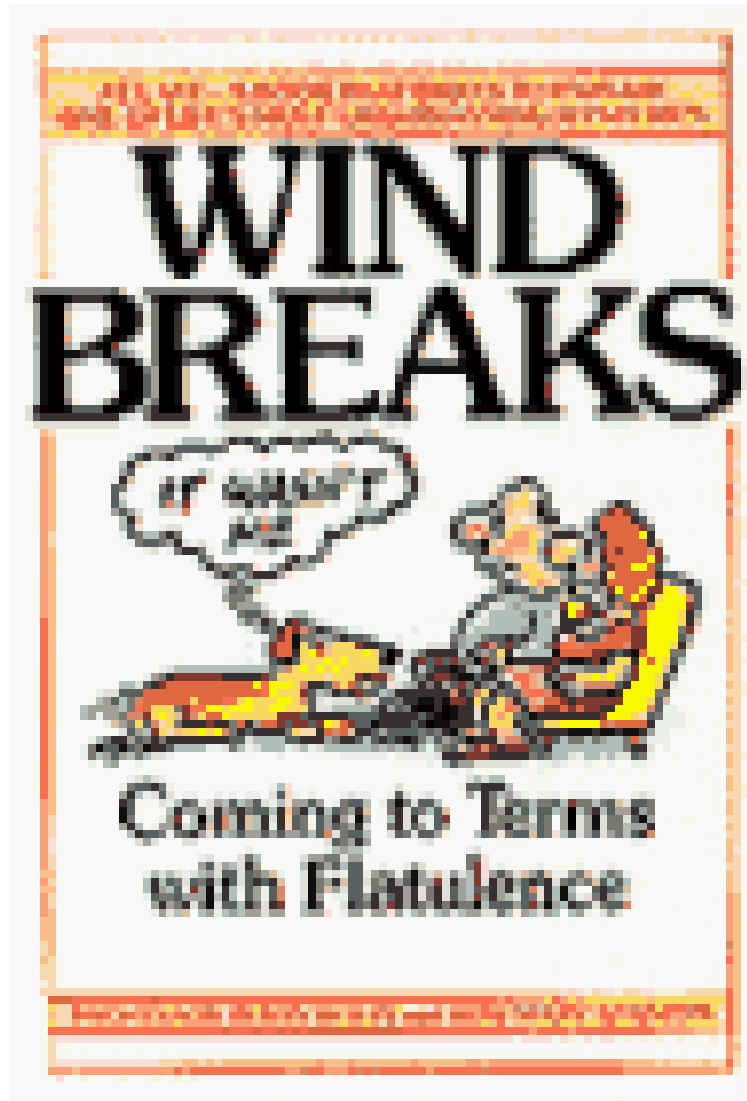


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Wind Breaks: Coming To Terms With Flatulence

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0 of 0 people found the following review helpful. Three StarsBy JoanOK1 of 1 people found the following review helpful. Yup, this is on my coffee table!By E. BrandonTruly humorous, informative and shocking to those who spot it on my coffee table. It gets picked up before anything else does. So there. First impressions or not, my guests leave, informed!

In an accessible question-and-answer format, the authors answer the most common questions about flatulence-- including how to limit it--and offer a compendium of humorous historical tidbits and euphemisms about gas. Reprint.

From the PublisherEveryone, including your mother, backfires. Time to stop blaming the dog, avoiding the beans, changing the subject. We all have the same questions, and it's about time we knew the truth. So here, in a handy Q A format, is everything you always wanted to know about this universal human function but were too mortified to ask. How much is normal? Do women produce more than men? Is it harmful to hold on to gas? Do certain foods cause changes in quantity and aroma? What does hormone replacement therapy have to do with it? And what's borborygmi? How can you minimize your output? The answers are compelling: you'll never cook cabbage more than five minutes again. But beyond the enlightening facts of the matter, the medical expert authors are just as amused as the rest of us by this inherently humorous subject. They've provided lists of euphemisms, curiosities from the annals of medicine, and fascinating tidbits-like the story of Petomane, the 19th-century Paris performer whose only instrument was wind. The result is an irresistible book like no other -- bathroom reading of a very high order.