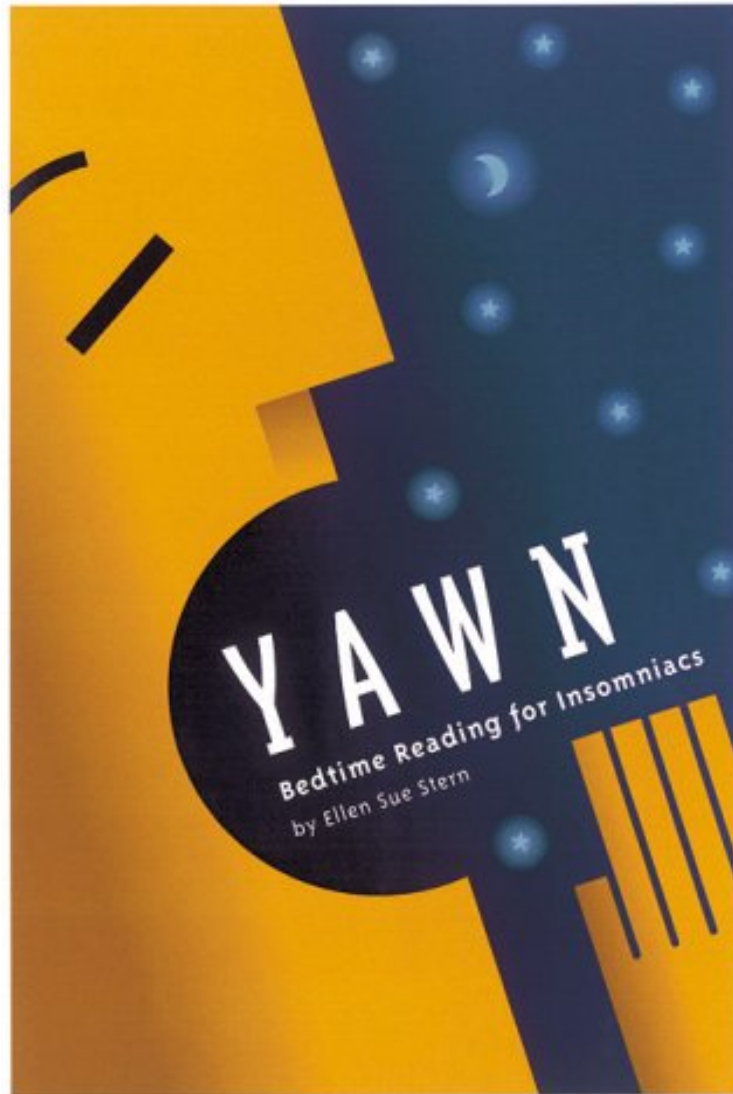


[Download free pdf] Yawn!: Bedtime Reading for Insomniacs

Yawn!: Bedtime Reading for Insomniacs

Sue Ellen Stern, Ellen Sue Stern
audiobook / *ebooks / Download PDF / ePub / DOC



DOWNLOAD



READ ONLINE

#5425533 in Books 2000-05-01 2000-05-01Original language:EnglishPDF # 1 .64 x 6.02 x 8.98l, #File Name: 1580081614195 pages | File size: 59.Mb

Sue Ellen Stern, Ellen Sue Stern : Yawn!: Bedtime Reading for Insomniacs before purchasing it in order to gage whether or not it would be worth my time, and all praised Yawn!: Bedtime Reading for Insomniacs:

0 of 1 people found the following review helpful. A point missedBy Bill BrueggemeyerYes, mostly this stuff is as boring as she asserts. It is all public domain stuff, often lifted directly off the web, then compiled to fill a quick and easy book. She misses the point several times - a chapter of The Odyssey is included largely because she does not get it.But the most egregious error is the chapter on John Glenn's conversations with Capcom during the last orbit of his first flight. She fails to set up the context (I do not think she was aware of it). You see, John and Capcom are having a

discussion about John's heat shield, which may have been damaged during takeoff and therefore the capsule may burn up during re-entry. Capcom wants John to take manual control and then not jettison the jet pack covering the heat shield. But they do not want to say why. So they do this, John obeys, reports a "fireball" and is incommunicado for the next several minutes. Given recent events, and the fact that we have three astronauts on the space station whom we do not know when, how or if we will get down, maybe her choice is not as sleep inducing as she thought.3 of 3 people found the following review helpful. SATIATEDBy TalonMs. Stern is a saint. My wife and I have both had bouts with sleeplessness due in part to our "work-a-day" schedules. YAWN appeared on the bed stand one night and Tillie (my wife) and I have read one another to sleep using Ms. Stern's wit and wisdom on many occasions. After tapping into a bit of Ellen Sue's psyche with YAWN, Tillie brought home another of Ms. Stern's books, "Loving the Imperfect Man." WOW! New understanding, rekindled relationship, and new found love. No more sleepless nights. We are happy! Thank you Ellen Sue Stern!3 of 3 people found the following review helpful. better than melatonin and valarianBy bonaldoWhen I can't sleep I turn to this book. It knocks me out and at times I find myself laughing myself to sleep. A great gift for insomniacs or a reference tool for annoying partners who want to talk before bed. This will put them to sleep in a heartbeat. Yawn is a real sleeper!