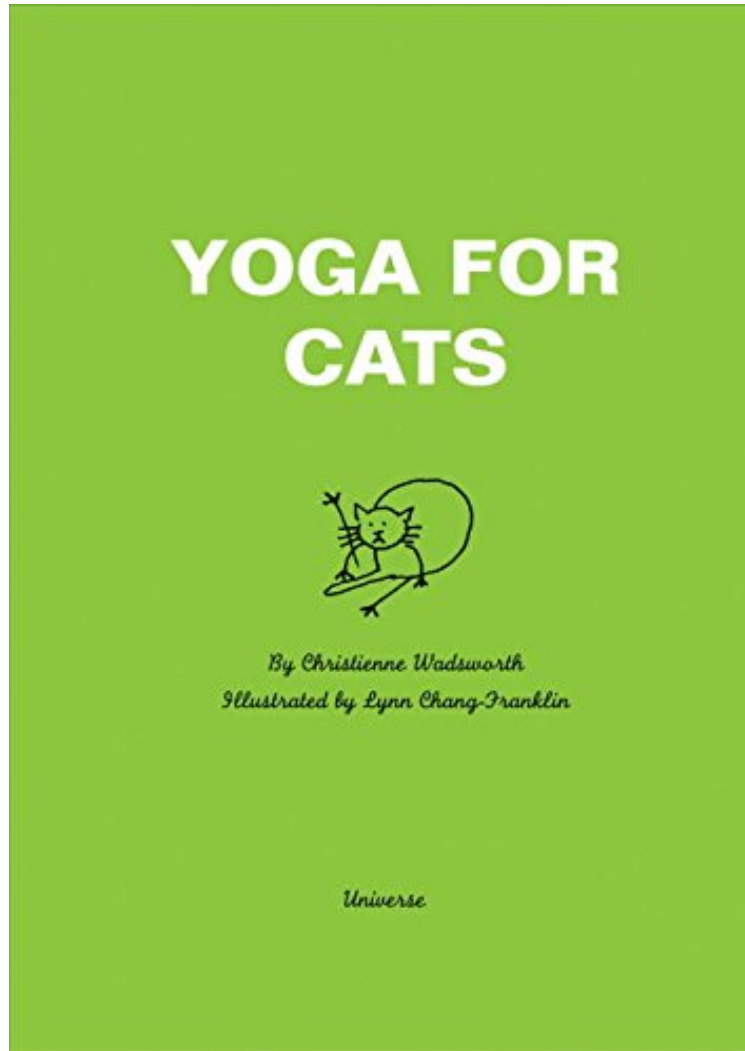


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Yoga For Cats

Christienne Wadsworth

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Christienne Wadsworth : Yoga For Cats before purchasing it in order to gage whether or not it would be worth my time, and all praised Yoga For Cats:

0 of 0 people found the following review helpful. Cute.By CustomerA little gift for a friend's birthday. Cute. About the same price as a card, too!1 of 1 people found the following review helpful. Cute Coffee Table BookBy Ana MardollyYoga for Cats / 0-7893-1080-5This is a cute little "coffee table" type book, with adorable "stick-figure" illustrations showing cats in their various poses, with pseudo-yoga terminology used to identify the cat poses. Each pose has instructional write-ups about how to get into the pose and what the pose is meant to do for you (or, rather, your cat). It's all meant to be very whimsical - I don't recommend you actually try to pose your cat in any of these poses, and most of the poses aren't human-friendly, so this really is just for chuckles.It's a cute gift book, all told, and

visitors will enjoy thumbing through the pages and chuckling at the cute illustrations, but it would take less than an hour to read through this from cover-to-cover, so bear that in mind when considering your purchase.~ Ana Mardoll0 of 0 people found the following review helpful. Five StarsBy LeighanneCute little book, got for a cat and yoga loving friend as a birthday gift.

Meowohm . . .In the tradition of Why Cats Paint, this hilarious faux how-to manual demonstrates the benefits of a daily yoga practice for felines. Cats will say good-bye to swinging belly skin and hello to lithe new kitten-like selves with such asanas (or poses) as:- Cinnashta, or The Cinnamon Bun- Hookamundra, or The Fish Hook- Tigrashtadmudra, or The Running Tiger- Isfallingdownudra, or London Bridge- Onthebeachunda, or The SealWith guidance on which poses best stimulate the tail chakra, when to practice (3 A.M. is good, or whenever your owner is sleeping), and where to practice (the best places are the ones where you're not allowed), the book also includes tips on how to use household accessories to aid your practice (Silk Pillows and How to Shred Them).With irresistible stick-figure drawings, Yoga for Cats is a divinely funny book that all cat lovers will adore.

About the AuthorChristienne Wadsworth is a standup comedienne and advertising copywriter. Illustrator Lynn Chang Franklin is the author of Costumes for Your Cat,Where Cats Sleep, and Bad Kitty! (over 100,000 copies sold), as well as Disguises for Your Dog.