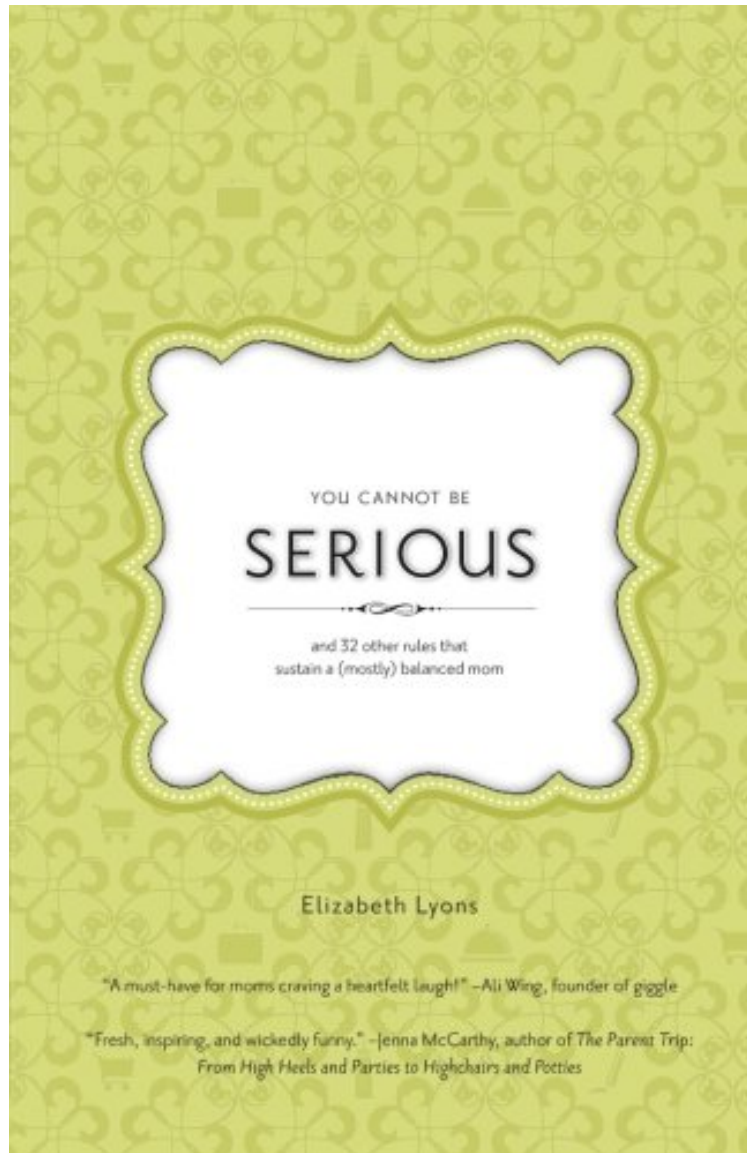


[Ebook free] You Cannot Be Serious - and 32 Other Rules that Sustain a (Mostly) Balanced Mom

You Cannot Be Serious - and 32 Other Rules that Sustain a (Mostly) Balanced Mom

Elizabeth Lyons

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Elizabeth Lyons : You Cannot Be Serious - and 32 Other Rules that Sustain a (Mostly) Balanced Mom before purchasing it in order to gage whether or not it would be worth my time, and all praised You Cannot Be Serious - and 32 Other Rules that Sustain a (Mostly) Balanced Mom:

4 of 4 people found the following review helpful. You Can Be Serious About How Awesome This Book Is!!!!By

eld678In a sea of books about parenting, *You Cannot Be Serious and 32 Other Rules that Sustain a (Mostly) Balanced Mom*, is my life preserver. Author Elizabeth Lyons holds back nothing and gives you everything--honesty, humor and tangible solutions. Her book is more to me than a pretty night-stand table adornment, it's more like my security blanket. Unlike other parenting books I've encountered, Lyons doesn't preach or lecture. Instead, she shares her experience in a conversational way, as if you're sharing a cup of coffee together. I encourage all moms, especially those who are in need of an emotional lift, to read *You Cannot Be Serious!* You will absolutely love it!² of 2 people found the following review helpful. The real deal. A must read for any parent. By Stephanie Rueckert I read Elizabeth's book when it first came out a few months ago and her gems of advice still come back to me. Not only is it a humorous book, but it's a real mom giving real advice. Too often, parents are caught up in the competition of childhood and trying to be the BEST, or just trying to feel good about what they're doing on a daily basis. This book is real examples of a parent just trying to do her best while putting a little humor into some daily struggles. Parenting is hard and serious work, and like Elizabeth says you have to take care of yourself- even if that means stopping at Starbucks often. It was a really fast read, and yes, it's funny and you will laugh, but there is some really GREAT advice. You don't need to be a twin parent to appreciate her book either. 0 of 0 people found the following review helpful. HILARIOUS! By Alison E. HILARIOUS! Elizabeth is witty, light, creative and totally relate-able! She had me laughing on days when all I wanted to do was cry.

"Elizabeth is Tina Fey channeling Dear Abby while raising 5 kids and running a syndicated advice column." Jenna McCarthy, bestselling author For years, Elizabeth Lyons has been asked how she does it all. Whether she's negotiating a truce between her 10- and 5-year-old while eulogizing goldfish, swinging a sledgehammer in her garage-to-be nursery, bribing her twins to keep their pants on in the grocery store, planning her product line, strategically placing carrot seeds in her garden, receiving life lessons from her oldest daughter, or explaining to her kids why a fellow post office patron has pierced nipples, Elizabeth has discovered that the secret to navigating the land of euphoria and hysteria is a carefully crafted set of rules—for herself! *You Cannot Be Serious* is a contemporary and humorous roadmap for "doing it all" that any woman can relate to for untying her own "knots." And for moms who lie awake at night wondering if their sanity will remain intact until the kids move out, Lyons provides a girlfriend-to-girlfriend guide, not just for getting through each day, but for being able to say with conviction, "I love my life." EDITORIAL REVIEWS "Rarely does a book infused with such hilarity provide such an encouraging and uplifting parenting outlook. *You Cannot Be Serious* is not only an imperative call to action, it's a nightstand necessity!" -Cheryl Lage, author of *Twinspiration* "You Cannot Be Serious offers 32 rules to help the modern woman survive—and even thrive—in the circus show that is motherhood. Always honest and uproariously funny, Lyons' personal narrative of walking the tightrope is spot-on accurate and should be on every mother's bookshelf...seriously." -Jana Matthews, author of *TheMeanestMom.blogspot.com* "A delightfully funny read with sound advice for any mom who could use a little balance between the diapers and the 'Don't touch that.'" -Jen Singer, author of the *Stop Second-Guessing Yourself* guides to parenting and the creator of *MommaSaid.net* Visit Elizabeth's website at www.ElizabethLyons.com.

"...32 rules to help the modern woman thrive in the circus show that is motherhood. Always honest and uproariously funny, Lyons' personal narrative of walking the tightrope is spot-on accurate and should be on every mother's bookshelf." --Jana Matthews, author of *TheMeanestMom.blogspot.com* *You Cannot Be Serious* is a delightfully funny read with sound advice for any mom who could use a little balance between the diapers and the "Don't touch that!" -- Jen Singer, author of the *Stop-Second Guessing Yourself* guides to parenting "A must-have for moms craving a heartfelt laugh." --Ali Wing, founder of *giggle* "Fresh, inspiring, and wickedly funny." --Jenna McCarthy, author of *The Parent Trip: From High Heels and Parties to Highchairs and Potties* About the Author Elizabeth Lyons is a mom, author, and inspirational entrepreneur. She is also the author of *Ready or Not...Here We Come!* and *Ready or Not...There We Go!*, humorous guides to the first year and toddler years with twins. Visit her website at ElizabethLyons.com